

# Reining In

The Newsletter from Hope Reins Inc.

ISSUE 13  
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Small acts of kindness matter; they completely transform lives



## PAK Purposeful Acts Of Kindness

### PAK is launched!!!

The September School holidays saw the beginning of our PAK programme. PAK encourages young people (12—18) to volunteer in a purposeful act of kindness to someone in need.

We combine this volunteer work with lunch and a fun activity at Hope Reins. All activities are in a supervised team environment. We see this as a way to reach out to our local community and encourage a volunteering opportunity for young people.

At Hope Reins we have a number of young volunteers who mostly attend on a Tuesday after school. We have many more enquiries than we can accommodate. PAK provides an opportunity for a young person to stay connected to Hope Reins and do something significant whilst waiting to become a more permanent volunteer. Margaret Mead once stated, "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

Our September PAK activity was to help prepare the garden for Naomi's Wedding. Naomi has been a volunteer at Hope Reins for 5 years and on October 17 married Dave. We helped weed a garden bed and plant flowers and prepare the aisle that Naomi was to walk down. Naomi got married on



her parents property so everything we did aided in their preparations for the wedding.

Naomi loved what we did and she looked gorgeous on her wedding day too. Congratulations to you both.

### Our Mission

**Rescue**  
the equine

**Restore**  
relationships  
trust and hope

**Recreate**  
and transform  
the whole person

**HEALING  
HORSES  
HELPING  
HURTING  
HUMANS**

### Contact us

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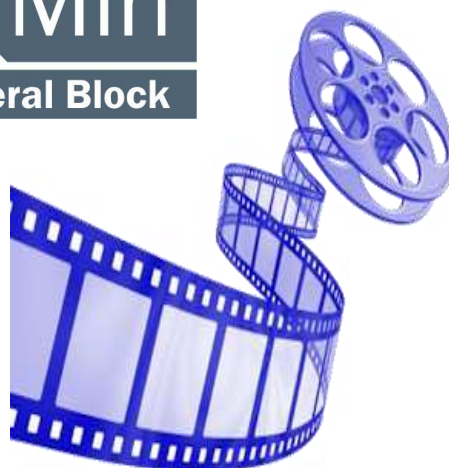
Find us on  
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A big thankyou to the team at Ag Solutions for your generous donation and application of Natramin on our paddocks. Natramin is a bio-activated mineral fertilizer soil conditioner which will help our soil become more productive by helping to replace vital minerals. Ag Solutions is a family owned company with its headquarters in Gympie. Their team is passionate about supporting Australian rural heritage through providing products and information that assists farmers to make the change to lower chemical regenerative farm management practices. We were told a while ago by a man from the Department of Primary Industries that we were “grass farmers”. Certainly without healthy paddocks we cannot have healthy horses! And without healthy horses they cannot help humans. So in essence he is right! and Ag solutions have helped us to keep doing what we are doing. They also supplied us with some Megamin—Mineral blocks for the horses. So I guess they are helping our land and horse health. Thanks for your support Ag Solutions.



*We have just recently produced a 15 minute promotional movie about what we do. We have part of it uploaded to our website. We will be able to use it for our grant applications as well. We have already shown it in some churches so that those congregations can also see what is happening within their community. If you would like a copy please email us or if you would like us to come and speak at your church or community organisation about the work of Hope Reins, please email us as well.*

*Thanks to filmmaker Jared Bell for his excellent work.*



## Healing from a Horse—Sheba

Recently I decided to take my horse Sheba for some exercise—just walking together in the late afternoon cool. As I took her lead rope in hand and casually walked alongside her, I noticed Sheba looking nervously around. It seemed like every rustle of leaves or slight afternoon shadow was making her nervous and afraid. As I led her I noticed her unwillingness to trust me as her leader. I was beside her there to comfort and protect her but all she could see was her own distrust of her surroundings—the same rocks, trees and fences that had always been there, only now objects to be feared. My presence seemed unnoticed, my reassurance of safety and care was taken away by her own fear and imaginations.

Have you ever felt like the world is closing in on you, like fear is your main focus? God asks us to look upon him and feel his assurance that we are safe and protected in his care. The Bible says in Isaiah 41:10 “Fear not for I am with you; do not be dismayed, for I am God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.” What a wonderful promise for us to hold onto. We can trust that Jesus is right there beside us, walking the journey with us, waiting for us to notice His presence and reach out for His protection and safety.





## Ze- BRA!

Why is this blow-up Zebra wearing a piece of female apparel? You might well ask Kylie and Colin who attended a large animal rescue workshop. Apparently this is a quick and often convenient way to assist a horse who may have sustained an eye injury and you have nothing else eg you are on a trail ride. Interesting pair of sunglasses. I wonder if it will start a fashion trend?



The Large Animal Rescue course was in Maryborough in October and was well attended by 35 people from that area including rural fire brigade, SES, 2 vets, and Claytons towing workers. The course followed a combination of video scenarios and practical work and case studies. They had a life size horse mannequin and the zebra to assist. Some of the scenarios where rescues have taken place were pretty grim and certainly made Kylie and Colin measure the risks at Hope Reins differently. Some of the rescues involved a horse in a float because of a road accident. "The danger to horse and human alike is extreme," Kylie reported. "A horse has to be treated as a combustible item—so working with extreme caution as it may "explode" at any time, even under sedation." Colin, who has done a lot of rescue training, said it was the best training he had been to.

Large animal rescue does require specialised rescue equipment which we would need a grant for us to acquire. Once we have it though, it will serve as a great resource for this community as are Colin and Kylie now, having completed this course.



## What has it meant to you to be a part of Hope Reins?

- Watching children who may have come in so scared of the horses and seeing them overcome their fears and then seeing the smile on their faces. D—volunteer
- Having a job and responsibility and purpose. The horses and people need us, but we need them too. J- Volunteer
- It's helped me with my self confidence and other personal issues and it is helping the horses regain their trust in humans. S- Volunteer.
- If I could chose what heaven looked like I would want it to look like Hope Reins. T - Participant



- Seeing participants grow and bloom. S-Volunteer
- It means family. Being part of a local family. M -Volunteer
- It's great to be part of and see children and adults lives change. S -Volunteer
- I reckon all of it is all good. Participant
- Working alongside the other volunteers, helping give horses a second chance and being part of a team. M -volunteer
- Being part of a team doing something worthwhile. Together you are accomplishing something for the good of both horses and people. L- Volunteer
- Learning to trust with Jaxon Z- participant
- Getting to care and look after animals. S-participant
- Amazing people doing amazing work. I wouldn't be half the person I am today without your help. A-Participant
- My favourite place in the world. S- Volunteer.

## Prayer

Praying for our ministry is the most important thing you can give us. If you would like to be a regular prayer partner, we would love to hear from you.

## Donating

Hope Reins is a not for profit organisation.

Donations of \$2 and over are tax deductible.

Please contact us for direct debit details or make cheques payable to Hope Reins Inc.

Secure donations can also be made on our website through PayPal.

We are immensely grateful for every person who has or will support Hope Reins' vision and ministry.

## Pot Hope Dinners

Second Tuesday of every month (except January), at 6pm. Bring a "pot" with cooked food, dessert & drinks to share.

### Dates:

December 8  
February 9

**Next PAK**—it's a Christmas secret! If you want to be involved email or facebook message us and we will give you all the details.

Everyone at Hope Reins hopes you have an amazing Christmas and New Year remembering Jesus is the reason for the season!

## What will you give the person who has everything this Christmas?

Why not make a donation to Hope Reins and tell us who it is for and we will send a card with these two cheeky girls on it to the recipient outlining what we do and how their Christmas present will be contributing to healing horses helping hurting humans! A donation of \$15 will buy a bale of hay, \$40 a hoof trim or \$75 a Hendra vaccination. Of course any amount is appreciated and will assist us to maintain this free programme.



## Hope Reins Wreath at Goldfields Plaza

12 Charities from the Gympie Area have been asked to make a Christmas wreath to be displayed in Goldfields plaza from Nov 16. These will be voted on by shoppers and will be auctioned on 12th December. The proceeds from the sale of each wreath go directly to the charity.

Our wreath is amazing so come and check it out! Hope Reigns at Christmas.

## Take a photo of your pet with Santa and help Hope Reins at the same time!

On Saturday November 28 we will have the opportunity to make some money at Petstock. Santa will be there and you can take a photo of Santa with your pet and donate \$5 to Hope Reins for the privilege.

Every five dollars helps us to keep doing what we are doing. So come along and get a great Christmas photo for your family Christmas letter or Christmas card.



## Hope Reins Runner Up as Community Organisation of the Year in the Bendigo Bank Gympie Chamber of Commerce Business Awards.

We were thrilled and humbled to be nominated for this award and excited to become a finalist, but blown away when we were runners up as Community Organisation of the Year! We also won a marketing package from Zinc radio. Lovely catching up with some great people including Katie Toney from Channel 7. Thanks to the person who nominated us. It is an award shared by our many volunteers.